

## NOSTALGIA

*August 1946.* This summer is going to be a trying one, as far as the work required at the Cabin is concerned. In between mountain climbing and picnicking at the Cabin, we will have to squeeze in several pressing projects on the must list to prepare for the coming ski season.

We have two major problems—replacement of our bridge across the river (the old one collapsed in late April under the deep snow), and the placing of concrete supports under the cabin.

The logs for the bridge have been cut and barked, and are awaiting the procurement of a “cat” to drag them into place. A

two-year wood supply will be a by-product of the bridge.

Several concrete block piers need to be placed under the cabin as a prelude to making a complete concrete foundation. The piers are needed to prevent further breakdown of the basement walls due to digging the basement.

In addition to these jobs, we are building a ski lift on our main hill, installing a grease trap and septic tank for the kitchen drain, rebuilding the front chimney from the roof up, and installing new guy wires on the light poles on the ski course.

Now that the war is over, and gas is available, plan on coming up on Friday night or Saturday morning and make it a two-day work party, with dancing on Saturday night as of old.

# Washington Alpine Club

## BULLETIN **ON LINE**

August 2006, Vol. 88 No. 8



## OLD TIMERS REUNION -Aug 26

### NO BOARD MEETING

### LOOKING AHEAD

Aug 12	Work Party
Aug 18/20	Graham Family Reunion
Aug 26	Old Timers Reunion
Sept 02/04	Kelting/Hughes Reunion
Sept 09/10	ICO Train the trainer
Oct 15	Annual Members Meeting
Nov 04/05	MOFA Class
Nov 10/12	MOFA Class
Nov 10	Annual Banquet
Dec 09	Annual Snow Dinner

final summer work party on August 12. This concluding work party will see us finish up a lot of little things, clean windows, split wood, and hopefully build a bridge! Everyone has been working hard to spruce up and fix many little things at the Cabin. We even have some new trees growing in select areas. (We'll plant more, and transplant more before lunch at the annual meeting) There is an ongoing effort to improve the ambience of the Cabin while protecting the rustic feel of 1932. Guye Cabin is a special place, loaded with memories and fun. It deserves to be treated with respect and love.

### PRESIDENT'S CORNER

The last few weeks we have enjoyed some nice dry weather and folks have been out everywhere, including the high country. Pat O'Brien has been busy working on the final 10 of the 100 highest peaks in Washington. Other climbers have been up Early Winter Spire, Mount Rainier, Mount Stuart, and Eldorado. Besides the peaks, WAC members have been down the Columbia River, kayaked Ross Lake, ridden the Seattle to Portland Bike Ride, and the RAMROD. Many are even still finding places to strap on their skis! (Did you know the WAC is a haven for year round skiers?)

Our work parties have been very successful. We will have one

Mary Jane Steel is once again hosting Old-timer's reunion at Guye Cabin on Saturday August 26. This is a great opportunity for long-time members to get together and reminisce about the WAC in times past, or see what Guye Cabin looks like these days. This is good time for everyone in the Club to stop by, say hi, and look around.

If you are up at the Cabin, you'll notice a little progress on the parking area. We are currently looking for dirt and fill. Any ideas?

Todd Gitts and Andrew Toyota are again co-chairing this year's Intermediate Climbing Class in September and October. The class

WASHINGTON ALPINE CLUB  
PO Box 352  
Seattle, WA. 98111  
*Address Correction Requested*  
**DO NOT FORWARD**

**FIRST  
CLASS**

**WASHINGTON ALPINE CLUB**  
 Organized 1916 Incorporated 1923  
 MEMBER OF: Federation of Western  
 Outdoor Clubs, Washington Trails Assn.  
 Washington Environmental Council.  
 Washington Wilderness Coalition. Mid-  
 FORC Coalition

*The primary objective of this club is to encourage the healthful enjoyment of the great outdoors, to preserve its natural beauty and to promote good fellowship among all lovers of nature.*

PO Box 352 Seattle Wa. 98111  
 206-467-3042

**WAC Home page:**  
[www.washingtonalpineclub.org](http://www.washingtonalpineclub.org)

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FWOC	Mike Mahanay	206.933.6801
Circulation	Dave Mitchell	425.235.1039
By Laws	Dave Mitchell	425.235.1039

#### MOVING ??

Send change of address forms to:  
 Washington Alpine Club, PO Box 352  
 Seattle, WA 98111  
**email:** Lynn Miller [lynne@ohana.org](mailto:lynne@ohana.org)  
 Dave Mitchell [dtmitch@mindspring.com](mailto:dtmitch@mindspring.com)

will include four weekends, including one ice climbing at the Coleman Glacier, two rock climbing in Leavenworth. And an alpine climb in Boston Basin.

Don't forget about the Annual Meeting in October 15, and the Annual Banquet in November 10! We also have a Mountain Oriented First Aid Class on slate for the first two weekends of November.

The WAC offers many opportunities to meet great folks and get involved in worthwhile projects. Whether you like to practice your leadership skills, teach kids, or enjoy our Cabin, the WAC has a place for you!

#### AMONG OURSELVES

Lyda Robison, a life member, called and offered some pictures from the '30s. She lives in La Connor and has passed the century mark, which she chalks up to a life of hiking and skiing. We had a nice chat and the pictures have been sent along to Mike to be included in an album of the cabin.

The pictures have an added value in that some of the folks have been identified on the back.

#### JULY WORK PARTY

Summer is a great time to visit or stay at our Cabin! It is cooler than Seattle, and the Snoqualmie Peaks are amazing! It is fun to look up and see the summer flowers and blueberries. The Cabin is a perfect place to base for hikes, bike rides, and climbs in the Snoqualmie Peaks! It is bright and clean.

Have you seen the newly refinished floor! Wow! Socks only please!

A huge thanks to everyone who donated their time and participated at the July work parties. Please forgive me if I missed anyone! We were an awesome crew! Archie Brendan, Ed Kelting and his team, Gene Heisler, Michael Balise, John Sargent, Dorte Mahanay, Karlyn Hillerstrom, Roger Hillerstrom, Dave Mitchell, Les Sargent, Shawn Tucker, Julie McCormick, Traveler Tucker, Siena Tucker, Sage Tucker, Jim Mossman, and Graham Cooper. Again for lunch we had burgers, veggie burgers, and Brats. A whole table of sides and fix en's, and many deserts. To go over the top, Jeff Knudson brought root beer floats for all! A perfect day!

Next work party is Sat, Aug 12!

As always we will again have a potluck cookout for lunch. Please bring stuff for burgers or hotdogs, sides, and drinks to share! Remember, there is no Cabin fee for WAC functions.

#### Left to do:

Repair the bridge permanently. New logs? 35.5' span  
 Replace 2 broken and cracked windows  
 Hang 3-5 sheets of paneling in upper dorm area  
 Tape and joint compound the sheet-rock wall in the ladies dorm  
 Clean all the windows inside and out with glass cleaner  
 Install additional smoke detectors  
 Two areas in the hall need carpet.  
 Fireplace Room  
 Repair drapes hanging from curtain

rod

#### Misc:

Replace ceiling tile in women's restroom  
 Put a proper handle on the door from kitchen up to family room (the door next to refrigerator  
 Frame the posters with 1X3's  
 Clean the chimney (chimney brushes are not expensive)  
 Various small repairs such as electrical box covers, loose wires,  
 Seal the front and back doors better  
 Replace a section of the stove flue

#### Basement:

Hang a door closer on the furnace room door  
 Add more permanent/substantial wire for clipping gloves/hats in drying room.

#### Outside:

Install a handrail outside the entrance door, make a step or cement ramp  
 Wood detail, chop wood  
 Split and stack wood  
 Cut some brush, mow, and weed-wack  
 Make a few permanent outside benches that would withstand the weight of snow.  
 Repair the Gate  
 The old oil tank Finish digging up and remove

#### ANNUAL MEETING MORNING OCTOBER 15 9AM TO NOON

Plant 30-50 trees as a buffer between the parking area and Cabin and road and Cabin  
 Bring up that leftover mulch, top soil, manure etc.

Needed Donations:  
New used toys/games for next season.  
New couches and wooden chairs that go with the Cabin style  
New range hood  
New or good used side by side fridge  
If you have some wood or rounds to split bring them up!

### PARKING AREA

Hi everyone,  
I just want to give you all a little progress report. (I know, I know, but finally we have moved past the discussion stage into the action stage)

After lots of work this summer ... many phone calls, special trips to the pass to talk to Sahalie, loggers, and equipment guys, and two trips to the county office in Renton, we are on our way to having a winter parking area!

#### Done:

We have cleared all the necessary trees and stumps  
I have a permit, posted from the County (almost \$800)  
This weekend Jim Mossman and I marked off the area, after measuring 203 feet from the upper bank of the Snoqualmie River. It is about 120 feet long.

#### In process:

Easement from Sahalie. (Bill Higgins, can you help with the legal description?)

#### Needed now:

Fill (Sahalie is being slow, so

we need to put the word out at the pass and find alternate sources of local fill, and preferably free or very cheap) Anyone want to help with this? Once we have fill we can rent some equipment to spread it.

Thanks, Mike

### JOIN THE WACLIST ON YAHOO!

If you want to get mail on the new WAC email list, join the yahoo group at <http://groups.yahoo.com/group/waclist/>

Post message: [waclist@yhoogroups.com](mailto:waclist@yhoogroups.com)  
Subscribe: [waclist-subscribe@yahoogroups.com](mailto:waclist-subscribe@yahoogroups.com)

Important: We only let people sign up who are current WAC members. When you click the Join This Group button, we have to approve you before you can join. All we see is your email address unless you tell us more. Please put your name in the comment section. As much as we love you all, we haven't memorized your email addresses, and if we can't figure out who you are from your email address alone, then we'll deny your request.

If this happens to you just apply to join the group again and in the comment section, tell us your name.

You must be a current Member!  
Does the WAC have your email address?

You can check these things here:  
[http://www.wacweb.org/Membership/MemberList/photroster.view?Last\\_Name~startswith=A](http://www.wacweb.org/Membership/MemberList/photroster.view?Last_Name~startswith=A) >

If you don't have an account on the [www.wacweb.org](http://www.wacweb.org) you can use the shared name and password:

User name: climbing  
Password: climbon

This list is open to all members of the Washington Alpine Club.

Please see [www.washingtonalpineclub.org](http://www.washingtonalpineclub.org)

Thanks a bunch, -George Snelling, Mike Garrison, Sim Larkin  
WAC Nerds

### OLD TIMERS REUNION

This is the final reminder to get your act together to attend the Old-timer's Reunion at Guye Cabin on Saturday, August 26.

We'll have an "unplanned potluck" sometime between 1:00 and 1:30. Please don't wait until then to come up for the day. The cabin will be opened by 10:00 and maybe earlier, if you check with the cabin chairman, Bill Hooper. There will be a cabin fee to pay to help with on going expenses. Hope to see some people that we haven't seen for a long time. MJ Steele

### WAC ANNUAL MEETING

October 15<sup>th</sup>. At Guye Cabin! Tree Planting 9-11 AM, Open House at 10, Potluck at 12, Meeting at 1. Snoqualmie Pass Conservation Summit at 4. The food competition is very intense so start planning now!

Help vote the new Board of Directors into office. Do you have ideas

or suggestions for the Club? This is a great time to bring them up! We will also hear the various committee reports. This is also a good time to tour the Cabin, get signed off to open and close, and do that repair you have been thinking about all year. Lots of folks will want to come up just to see what has been going on at Guye Cabin! Can't make it?

Please sign and mail your proxy form to Lynn Simmons. (this will be out in early October)

### ANNUAL BANQUET INSTALLATION DINNER NOV 10

We are looking for someone to organize this event. The WAC has many aspects and this is one of the few times when all those different facets of the WAC come together. The WAC has been well known for 90 years for making great fun and the Installation Dinner is a great example! We have a specialty potluck dinner, then have a slide show of trips, the cabin, and who knows! If you would like to volunteer to organize this or would like to help with setup, breakdown, decorations, entertainment, or have historic slides, or stories of the cabin or club to share please contact Rhonda. It is an evening of fun, meeting old friends, and making some new friends!

### MOUNTAIN ORIENTED FIRST AID COURSE NOV 4/5

Be prepared to assist your ski companions or hiking and climbing partners in an emergency by taking the fall 2006 edition of the WAC

MOFA Mountaineering First Aid Course! In addition, we are looking for folks who will continue their education by taking the MOFA instructor course and can come back and teach for us.

Spend two weekends reviewing learning how to identify serious medical conditions in time to perform life-saving first aid. You will review American Red Cross Standard First Aid and practice techniques to manage conditions such as orthopedic trauma, thermal injury, and physiologic deterioration due to high altitude. A rational approach to the evacuation of one or more injured persons is addressed both in the classroom and in field scenarios. MOFA certification is awarded on completion of the course.

This year, the basic two-weekend MOFA course will be held on November 04/5, and 10/12. The cost, which includes books, supplies, and lodging for the second weekend at Guye Cabin is \$80. Sign up will begin Sept 01. Preference will be given to those who commit to taking the MOFA instructor class later in the fall, or next spring. Other spaces will be first come, first paid, first serve.

MOFA refresher courses are available through the Seattle Mountaineers. MOFA Instructor courses are also available through the American Red Cross and are encouraged to those interested in helping teach these useful courses.

For more detailed information about enrollment in the basic course itself, please see the WAC website. The WAC contact is Mike Mahanay at [mike@grandcanyontreks.org](mailto:mike@grandcanyontreks.org)  
Mike

#### ANNUAL NEW SNOW DINNER

Our popular Annual New Snow Dinner at Guye Cabin will be Saturday, December 09, 2006 at 5 PM. .

The New Snow Dinner is an annual event to welcome in the Winter Ski Season and encourage the white fluffy stuff to finally start to fall! This is one of the biggest events of the year at the Guye Cabin, the heart and the soul of the Washington Alpine Club. We are looking for someone to organize the main course. It can be anything you want!

#### WAC T-SHIRT COMPETITION

There have been requests to the board that we have an official WAC T-shirt available for members to purchase!

So here is your chance to use your creative energy and artistic talents.... with the official WAC T-shirt design competition.

WHAT: design a t-shirt (something that can be sent to a screen print shop). Short sleeve and long sleeve will be available (with the same design)

FOR WHO: any and all members of the WAC

COST: to be determined, we will try to keep it low

WHEN: designs are due by AUGUST 10th. Selection will be done at the August WAC Board Meeting.

Please send all designs and suggestions to Kristin Kaupang  
[kekaupang@hotmail.com](mailto:kekaupang@hotmail.com)

#### SNOQUALMIE PASS AREA HIKES

Some of the more popular hikes and trails include:

Rachel Lake. 8 Miles round trip; 1600' elevation gain; Mid-July thru October, high point, 4650 feet.

Alaska Lake. 11 miles round trip; 1600' elevation gain; Mid-July thru September; high point 4200 feet.

Kendall Catwalk. 10-1/2 miles round trip; 2700' elevation gain; Mid-July thru Mid-October; high point 5400 feet.

Red Pass. 10 miles round trip; 2700' elevation gain; Mid-July thru October; high point 5400 feet.

Snow Lake. 7 miles round trip; 1300' elevation gain; July thru October; high point 4400 feet.

Melakwa Lake. 9 miles round trip. 2300' elevation gain; Mid-July thru October; high point 4909 feet.

#### HIKING THE OLYMPIC COAST

With high temperatures in Seattle in the 90's, it is a great time to head for the Pacific Ocean, beat the heat, and hike the only wilderness coastline in the lower 48. We are lucky to have over 70 miles of wilderness coastal trail. There is even more on Vancouver Island, including the famous West Coast Trail. Kalaloch

Short beach trails lead from U.S. 101 to sections of beach. Ruby Beach is the northern most trail with six other trails to the south. Each beach is distinct. Some offer tide pools and others clamming (in season and with

license).

Lake Ozette to the Pacific Coast

Two trails to the coast begin at the end of the Lake Ozette road. The Cape Alava Trail, the northern trail, is 3.3 miles and the southern trail, the Sand Point Trail is 3.0 miles to the beach. Both are nearly continuous wooded boardwalk and are tide and weather dependent. Current tide chart and weather is posted at the trailhead. A three-mile walk on the beach makes a 9.3 mile loop. Along the coast you will see marine life, Ozette Island, and Cape Alava, the western most point in the contiguous United States.

Mora - LaPush

Third Beach Trail begins at the LaPush road, twelve miles west of U.S. 101. A sandy beach is 1.4 miles from the trailhead.

Second Beach Trail begins on the LaPush road, fourteen miles west of U.S. 101. The trail goes .8 mile to a sandy beach with tide pools and views of sea stacks.

Rialto Beach Trails .1 mile (paved) from the parking lot to a view of the beach, James Island, and Cake Rock. Beach walk 1.5 miles to Hole-in-the-wall.

Cape Alava-Sand Point Loop (15.5 miles)

NPS trail for foot travel. Receives high use. Both the Ozette-Cape Alava and the Ozette-Sand Point trails are puncheon boardwalks the majority of the distance. They are relatively flat and dry. They go through coastal forests and open areas of cedar snags and fields, and are connected at the coast by a 3 mile beach hike of rocks and sand. Be prepared to hike over headlands

>> *Continued on line* >>

*Continued from print version >>*

South Coast Hike - Oil City to Third Beach Trailhead (17 miles)

This is mostly a coastal route. Three overland trails must be used to round impassable headlands. All three have stair-like sand ladders, are steep and can be very muddy. Coastal routes can be difficult hiking due to slick rocks, sand and cobble surfaces, and steep overland trails. Tide tables are necessary to avoid incoming tides. The South Wilderness Beach Hike offers many views of sea stacks (off-shore land formations). From Third Beach to just south of Toleak Point are beautiful sand beaches. There are excellent opportunities to view bald eagles and seals, and bird life is common on sea stacks. Whale migration occurs in March/April and October.

Hike by the Tide! - Tides can trap you. Do not attempt to round headlands without knowledge of the tide heights and times.

Along the ocean, rising water can corner you below cliffs. People have died along the Olympic wilderness coast trying to beat the tide. Some headlands require low tides for passage. Some can NEVER be rounded safely even at the lowest tides, so overland routes must be taken. Before traveling along the coast, obtain a detailed topographic map. Your map should indicate areas where tides may be a problem, and the tidal height at which headlands become hazardous or impossible to round. Carry a tide chart. They are available at the WIC and some ranger stations.

DON'T GUESS! Know when tides occur and carry a watch. Refer to tide charts before setting out on longer coastal hikes. On the same low tide, it may be possible to get around one headland but not the next.

Strong winds or off-coast storms make tides higher than tide charts indicate (see "How to Use a Tide Chart" below), sometimes making normally passable routes impassable. Winter storms can significantly elevate tides and create seriously hazardous conditions. Never underestimate the Pacific Ocean. Always keep in mind that waves can move beach logs that can crush and kill. Strong currents, cold water and hidden rocks make swimming hazardous. Be vigilant for large swells.  
Mike

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#### Excerpts of trip reports posted to the WAC website

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*Trip: North Early Winter Spire West Face*  
*Posted by: Mark von Hagel*  
*Date of Trip: 2006-07-16 00:00:00*

A couple weeks ago Joe Sambataro and I climbed the West Face of North Early Winter Spire. Joe was going to post pics, but got distracted (?). I've finally tried to get myself edumacated in the use of picture sharing - I apologize in advance if your viewing experience is disappointing!

Here's some pics:>>>  
<http://www.flickr.com/photos/80466220@N00/sets/72157594213540771/>

To see all the details click:>>  
[http://www.wacweb.org/Trips/TripReports/default.view?\\_mode=details&rowid=370](http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&rowid=370)

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*Trip: Alta in the clouds*  
*Posted by: Mike Garrison*  
*Date of Trip: 2006-07-30 00:00:00*

My friend Miki and I decided last week that we would go climb Alta today (Sunday). Little did we foresee that the weather forecast was going to steadily deteriorate. As it turned out, the weather was worse than forecast, but the day was OK anyway.

Rather than start out at the Rachel Lake trailhead and hike up Box Canyon, we decided to run the ridge over from Lake Lillian. This involves a steep path up about 1000 feet almost directly to the lake. The trailhead is unofficial and tricky to find, and the same is true of the trail. However, for an unofficial boot path it is in pretty decent shape.

To see all the details click:>>  
[http://www.wacweb.org/Trips/TripReports/default.view?\\_mode=details&rowid=371](http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&rowid=371)

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*Trip:Liberty Bell, Becky Route, Rock Fall*  
*Posted by: Nic Pottier*  
*Date of Trip: 2006-08-06 00:00:00*

An old friend of mine, Rob Jasper and I went and did the Becky Route on Liberty Bell today. We'd been talking about doing this forever, and it seemed like a nice easy way to get back into the groove of things after a long work-induced hiatus from climbing. He'd done it ten years or so back, but I'd only read about it.

We were originally thinking about driving down the night before, but opted for the 4'oh god its early' start from Seattle instead. As it turns out that ended up fine, as we were the first on the trail at 7:30, beating even those who had driven up and camped the night before. Up the amazingly gently graded trail we went, to the glaringly obvious climbers path and to the noth in short order. Being first on the trail brought with it the nice advantage of having noone above us in the gully, which was quite loose. We wouldn't be so lucky later.

To see all the details click >>:  
[http://www.wacweb.org/Trips/TripReports/default.view?\\_mode=details&rowid=373](http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&rowid=373)