

NOSTALGIA

October 1966 Although the rain dampened the woods it didn't dampen the enthusiasm of nineteen concerned people who turned out to put words into action. The words were, something ought to be done, and the action was the clean up of Pratt and Olallie Lakes.

The party was split into two groups. The Olallie Lake crew picked up litter and put it into plastic bags packing out. The Pratt Lake crew deposited an assortment of pots, pans, shoes, silver ware, innertubes, cans and old clothes in garbage pits. These pits

were then covered and marked. Two new pits were dug.

Miss Old Garbage Pit of 1966 was crowned and everyone packed out to the cars. A wonderful job was done by all and a report was submitted to the Forest Service

Washington Alpine Club

BULLETIN

ON LINE

November 2006, Vol. 89 No. 11



New Snow Dinner - Sat. Dec 9

BOARD MEETING

November 16th. Check with board member for location.

LOOKING AHEAD

November 16 Board Meeting
November 23 Knox Family at Cabin
December 02 Roger H at Cabin
December 07 Board Meeting
December 09 Annual Snow Dinner
December 16 John S at Cabin
December 25 Christmas (Monday)
December 27 John S at Cabin

January 01 New Years Day (Monday)
January ?? Climbing Class enrollment opens
January ?? Backcountry Class enrollment opens
January 10 Telemark Ski Class Begins
January 11 Board Meeting
February 20 Winter Backcountry Class begins

AMONG OURSELVES

On Sept. 25th Charlotte Josephine Fox -- "Charlie" (she may wind up Charlotte Paige Fox) was born at 6:55 AM this morning 4lbs 13 oz and 18 inches.

Augustus William Fox -- "Gus" (or possibly "Augie") was born 45 minutes later at 7:40 5 lbs 3 oz and also 18 inches.

Despite being early, both are doing well and breathing on their own

albeit somewhat laboriously. They will likely stay in the hospital for a week or two but should move from the NICU to the Nursery tomorrow. Tracy is doing great but is very tired. Molly is anxious to see Mommy and meet her new brother and sister (I'll take her down right after her nap).

On July 15th Toby Young and Jen Bowers got married on Orcas island. Many Wacers there and no animals interfered with Toby's plans.

On Aug 5th Nate Riensche and Kirsten Hauge got married also on Orcas island. The vows covered the usual stuff plus some addendums on the quality of climbing anchors and days spent skiing vs rock climbing

PRESIDENTS CORNER

Right on schedule we have snow in the high country. The first snow was seen on the ground at Guye Cabin on October 29! Looking up, the peaks are white with fresh snow. Another fine summer season has come to a close.

We recently had an excellent Annual Meeting at Guye Cabin. We had the largest turnout in a number of years. We planted 30 trees, and had a big fire in the morning. We enjoyed the most delicious food for lunch, while we caught up on old friends that we hadn't seen all summer. Afterwards, we easily had a quorum for meeting. The WAC has a very high level of involvement by its members. Old and new, from all aspects of the Club were in attendance. It was a real treat to meet everyone that attended and see their enthusiasm and interest in our Club. The WAC continues to be really focused on the future and how

WASHINGTON ALPINE CLUB
PO Box 352
Seattle, WA. 98111
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DO NOT FORWARD

**FIRST
CLASS**

WASHINGTON ALPINE CLUB
 Organized 1916 Incorporated 1923
 MEMBER OF: Federation of Western
 Outdoor Clubs, Washington Trails Assn.
 Washington Environmental Council.
 Washington Wilderness Coalition. Mid-
 FORC Coalition

The primary objective of this club is to encourage the healthful enjoyment of the great outdoors, to preserve its natural beauty and to promote good fellowship among all lovers of nature.

PO Box 352 Seattle Wa. 98111
 206-467-3042

WAC Home page:
www.washingtonalpineclub.org

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| | | |
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| | Mica Schonbeck | 206-790-2051 |

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| | | |
|---------------------|---------------|--------------|
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| Back Country Skiing | Pete Alderson | 206.409.9657 |

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MOVING ??

Send change of address forms to:
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email: Lynn Miller lynne@ohana.org
 Dave Mitchell dtmitch@mindspring.com

we can improve everyone's experience while maintaining the historical uniqueness and tradition of the WAC. 2007 is already shaping up to be great year!

Our 2006 Board and Chairs have done a fantastic job over the last year. They just get better and better every year. Our current Board has agreed to stay intact for the 2007 year.

Pat O'Brian gave a special recognition to Mica Schonbeck for stepping up to be the Climbing Class Chair for the second year and to Andy Toyota for again organizing the Intermediate Climbing Class. How many years is that Andy? Thanks!

Lynne Miller has done an amazing job transitioning the membership year from June to December, implementing multi-year memberships, and a paperless welcome letter. Thanks Lynne! Now that this big project is almost complete Lynne would like to pass the touch on to someone else. When you run into these folks that guide our Club as it approaches its second century be sure to give them a big "thank you"! Our club is run 100% by volunteers donating lots of time, energy, money, and effort. We can make the WAC whatever we want it to be, it just takes folks willing to step up and lead that first aid class, climb, outing, snowshoe, ski lesson, cabin repair, or kids hike!

Our Annual Banquet has been canceled for this year as we didn't find anyone to help put it together. Perhaps we can reinvent it next year. Our MOFA class also got canceled at the last minute due to a lack of instructors. Perhaps some day we can manage this class ourselves. Thanks to Scott Calhoun for putting forth the effort to become our first WAC instructor! If we just had three more! Also thanks to Jim Patten of the WSTC who has been instrumental in organizing this for many years.

Coming up on December 09, is our annual New Snow Dinner at Guye Cabin. Rosemary Daszkiewicz and Dan Miller did a superb surf and turf last year. We still are looking for someone or a team to put on the entree this year. Can you help? As always, salads, veggies, and deserts will be specialty potluck. Yummm! Please join us for a wonderful afternoon, evening, and

night at Guye Cabin. We hope to see new members, and those of you that haven't been up for a while. An evening of great food, lots of fun, meeting old friends, and making some new friends! Cost? Outrageous! \$2 donation per person.

Jeff Wright, with Randy Oakley, and Jeff Knudson are again managing the WAC Telemark class. New this year they are adding a randonee section. The class has been around for a number of years and has produced most of Washington's telemark skiers. Interest in the class is again very high. They are already accepting applications online.

Pete Alderson already has the Winter Backcountry Travel Class organized. After a year off relaxing, Cynthia Hickey returns to do the avalanche portion. Cynthia is an inspiration to those of you that helped out in the past. There are still opportunities to join in the fun! Both the Basic Climbing Class and the Winter Backcountry Travel Class will be accepting application after Jan 01.

November always brings Thanksgiving Day, our wonderful national feast day, and one of our most important holidays. On this special day, we all pause for a moment to reflect on the bounty of our lives, and also those people less fortunate than ourselves. As our Club nears the end of its first century we continue to work to ensure that this gift to us from the past is preserved and that we take care that it will remain intact for the next century, and our children's children. A lot has happened in the last year and we have many reasons to be very proud of our club. I am very proud to be a small part of the WAC, it is great fun to meet all the wonderful people who enjoy our Club!

Mike

NEW SNOW DINNER!

Our Annual New Snow Dinner at Guye Cabin will be Saturday, December 09, 2006 at 6 pm.

The New Snow Dinner is an annual event to welcome in the Winter Ski Season and encourage the white fluffy stuff to finally start to fall! This is one of the biggest events of the year at the Guye Cabin, the heart and the soul of the Washington Alpine Club!

Come up to our beautiful Guye Cabin for the day and play! Tour the Cabin. Inspect all the new projects done over the summer. Or just socialize, read a book, play chess, hike up to the Kendall Catwalk or Snow Lake, bag one of the Snoqualmie Peaks, or just relax! Come early! Stay late! Spend the night! Spend the weekend! Bring your family, friends, and guest! Get signed off to open and close the Cabin if you have fulfilled your volunteer commitment. As always, we are expecting a big turnout so make your plans now! You won't want to miss this one!

Anyone interested in doing the main course this year?

Rosemary Daszkiewicz and Dan Miller did the main course last year. It was wonderful! There will also be plenty of great food for vegetarians. We will eat promptly at 6 PM! Everything else will be specialty potluck. Please bring your very best side dishes of salads, appetizers, vegetables, deserts, or drinks. We could still use volunteers to help with setup, greeting folks, and entertainment!

Okay, how much this time?? Once again, we are asking for a mere two dollar minimum donation each to cover the costs of the main course! That will be a lot of food and fun for two bucks! As in the last couple of years, any money left over we'll use to acquire kid stuff in the cabin for the WAC Kids! You can also donate good toys, games, books, kid's furniture, etc to the cabin to make it more friendly for kids of all ages.

Questions or need more information? Call Mike Mahanay at 206-933-6801 or email mikem@grandcanyontrks.org

ANNUAL MEETING REPORT

I would like to thank everyone for attending and participating in this year's annual meeting! It is by far, it was the best one I have ever attended. We have a fantastic membership! All aspects of the Club were well represented and provided excellent input and ideas.

Although we had a bit of rain, it was a very fine fall day in the mountains of Snoqualmie Pass. There were reds, yellows, and oranges all around as the Pass is in the height of it's fall colors. Robin and Stacy Evans-Agnew had the Cabin open Friday evening, and people started arriving Saturday as early as 8 AM for the tree planting. We planted and transplanted 30 trees! Thanks to all of you that helped out! Many folks stopped by just to visit for a while! We had an open house in the morning and several prospective members stopped by.

Suddenly at noon, the dining room filled up, and like magic we had a delicious potluck!

The Annual Meeting started at 1:30 and lasted until 3. As we have the last several years, we easily had a quorum. Everyone had a good time, and all were able to renew old acquaintances, and make some new friends.

We voted in the new Board, and had reports from many of the chairs and Board. In an unprecedented development the entire Board committed to staying on another year in their current positions!

We'll continue to focus on strengthening our membership, classes, events, and the Cabin as well as increasing our financial health. Mike

CABIN

Cabin Combo will change soon! As it does every Annual meeting we will change the combination to the lock at Guye Cabin on Dec 09. (Thanks Dave Mitchell!) If you are a cabin opener simply give me a call after dark to get the new combination.

Although the Cabin has been open most every weekend this year, and will be for sure every weekend over the winter, our Club is unique in that the Cabin is available to virtually any member on their own that wants to use it, as long as they are signed off as to the various procedures and protocols. (Since it is in the mountains we have to turn on and off the water, drain the pipes when it is below freezing, start the hot water heaters, shovel snow from the steps, etc.)

How do you get signed off? It's easy! Just volunteer in some aspect of the Club for at least one day. This could include helping with the climbing Class, organizing a Club snowshoe trip, hosting an open house, attending a cabin work party etc.

The next opportunity to learn the opening/closing procedures of Guye Cabin and get "signed off" will be at the Annual New Snow Dinner on December 09.

You can also get a walk through familiarization with the alarm system and how to work with it, if a problem comes up while your there. Mike

CABIN FIRE ALARM

The fire alarm system has been upgraded with eight more smoke detectors. They are now in all of the dorms, rec room, hallways and basement.

WINTER PARKING AREA REPORT

Here is a brief update on the current status. This summer we were able to get our permit, remove a very few trees and clear the stumps. I was able to negotiate a deal to receive free fill. (This will save approximately 20K) We received a few loads, which will be spread before the snow accumulates. The rest will come early next summer. I also worked with our surveyor to revise the survey to show the "new" parking area. We have already created a trail directly from the new parking area to the gate.

In process - Rosemary Daszkiewicz is working to revise our easement request with our kind neighbors, Sahalie. We will be asking for a 100' easement north of our fire standpipe. Thanks Rosemary!!! Once this is ready Mike will present it to Sahalie.

This winter- Mike will work with Sahalie to give us at consideration again this year. As in the past we will put effort into monitoring the parking.

Next summer- We will need to pay to blade the fill, and coat it with gravel. July 04 is the ETA completion date.

Mike

CABIN HOST PROGRAM

This year, due to popular demand we are reinstating the popular Cabin Host for the winter. Folks will sign up for a day or weekend to be the Host of the Cabin for that weekend. For example I might sign up for the first weekend in February. I would have a vegetarian theme potluck on Sat night, arrange a night ski after dinner, and also be go to person for questions, ensure everything runs smoothly and the cabin is cleaned and closed on Sunday. If you are interested in a particular weekend sign up now!

2007 BACKCOUNTRY TRAVEL CLASS UPDATE:

This year's class will, as usual, be open to snowshoers, skiers, and snowboarders, but the number of students allowed into each of these groups is directly related to the number of instructors we get...so if you want to ensure your preferred winter sport can continue to be a part of the class, please make sure to volunteer!

Those of you who've taken the class in years past, it would be great to see some of you sign up for a Level II avy course this winter so you can help out with the bc class as a group leader.

Registration for the class will open on the wacweb site by mid-December and will be open through the end of January.

The dates of the 2007 class are:

Tues Feb 20th

7PM-9PM classroom session
Friday (arrive that night) all day
Sat/Sun Feb 23-25 cabin weekend

Tues Feb 27th

7pm-9pm classroom session Saturday
March 3rd Rainier day trip

Tues March 6

7pm-9pm classroom session
Sat-Sun March 10-11
Stevens Pass overnighiter

Pete will continue to be the coordinator of the backcountry class for at least this year, probably longer, but he is look-

ing for energetic individuals who have at least level II training and a couple years of involvement with the bc class to step up as future class coordinators... if this sounds like something anyone would be interested in, please contact him. 206-409-9657. Thanks! See you out in the backcountry!

BLUEBERRY GORGONZOLA SPINACH SALAD

A wonderful flavorful Guye cabin specialty

Mix the following ingredients for the salad dressing:

- 1/2 cup of olive oil
- 1/2 cup of raspberry vinegar
- 2 teaspoons Dijon mustard
- 2 teaspoons sugar
- 1/2 teaspoon salt

Pour the dressing over the following mix of ingredients:

- 1 bowl of fresh spinach
- 2 cups of crumbled Gorgonzola
- 2 cups of blueberries
- 1/2 cup chopped pecans

JOIN THE WACLIST ON YAHOO!

If you want to get mail on the new WAC email list, join the yahoo group at <http://groups.yahoo.com/group/waclist/>

Post message:
waclist@yhoogroups.com

Subscribe:
waclist-subscribe@yhoogroups.com

Important: We only let people sign up who are current WAC members. When you click the Join This Group button, we have to approve you before you can join. All we see is your email address unless you tell us more. Please put your name in the comment section. As much as we love you all, we haven't memorized your email addresses, and if we can't figure out who you are from your email address alone, then we'll deny your request.

If this happens to you just apply to join the group again and in the comment section, tell us your name.

You must be a current Member! Does the WAC have your email address?

You can check these things here:

http://www.wacweb.org/Membership/MemberList/photoroster.view?Last_Name~startswith=A >

If you don't have an account on the www.wacweb.org you can use the shared name and password:

User name: climbing

Password: climbon

This list is open to all members of the Washington Alpine Club.

Please see www.washingtonalpineclub.org

Thanks a bunch, -George Snelling,
Mike Garrison, Sim Larkin WAC Nerds

GO TELEMAR SKIING

Bored with snowboarding? Done with downhill? You're not alone: Earlier this year, a trade group released a study showing that sales of alpine skis and snowboards were flat nationwide. So what was hot? Fat skis, twin tips -- and telemark skis, for a once-thought-dead technique that's being revitalized across the country.

Telemarking was invented in the mid-1800s by the father of modern skiing, Sondre Norheim who was from the Telemark area of Norway. It has two main distinctions: first, instead of securing the entire foot to the ski as in alpine skiing, telemark leaves heels loose and unbound. Second, the sport eschews parallel turns for its own version, in which alternating deep knee bends create swooping, swerving curves.

Over the years, the less-demanding parallel turn, combined with better bindings and the proliferation of ski lifts, had pushed telemarking into the annals of history. Colorado ski instructors, however, revived the sport in the 1970s after watching Norwegian ski jumpers use the tele-turn after landing. Aficionados today welcome the freedom telemark skiing brings. The

loose heel allows movements similar to those of cross-country skiing, so you can go anywhere -- the slopes at a favorite resort, the countryside, unmarked terrain on backcountry hills. By attaching nylon skins to the center of the ski, you can even go uphill. And for freestyle fans, it adds challenge to terrain parks. No wonder telemarkers use the catchphrase "Free your heels and you'll free your mind."

What to expect? The hardest part is getting that initial start, people have an alpine hangover. . . . But it's more of a cross-country skiing movement. Turning is initiated by genuflecting motions that dip your knees close to the snow. It looks tough on the joints but actually spares them the twist necessary to make parallel turns. The pumping up and down from one leg to the other, however, is a killer quad workout. Expect a lot of practice, getting to the intermediate level is much harder than in downhill skiing.

Contact the WAC ski school via www.washingtonalpineclub.org for more info!

SKI REPORT BY MISTER G

Calling all Skiers, Boarders, Snowshoers, Nordic, Telemarkers, Sledders, et.al. All the Ski Areas in Washington will be open soon for our wintersports activity so please do your winter duty by getting out there and using them well !!! Don't forget to mention the WAC to those you meet along the way unless of course you crash into someone.

This month, we'll briefly review six essential outdoor terms that must be part of your vocabulary, or, if you are already familiar with these, then consider this a review.

1. TUNE-UP For your equipment, to ensure everything works well and smoothly, so that you can glide with ease.

2. HELMET To protect you from the crash you just had because you forgot to have your equipment tuned-up.

3. RADIO/WALKIE TALKIES To call your party to get the helmet you left in your car, and, to help you down the hill as you are still dizzy after the crash you just had because you did not get your skis tuned.

4. GORE-TEX What you wish you had on to stop the shivering. And because you did not have your radio, your party is long gone, and now, you have to make it down the hill alone with that concussion that won't quit, because you forgot to wear helmet, from the crash you just had because your skis were not tuned.

5. POLY-PROPYLENE It's the undergarments you wear to keep you dry and warm as you make it down the hill shivering, because you had no Gore-Tex, no radio to call for help, no helmet for the self-inflicted concussion, and your now half-torn skis won't work because they were not tuned which caused your accident to begin with. OH, but wait! you just now realize that your undergarments are cotton which is the reason your shivering is now creating the avalanche behind you !!!

6. WAC CABIN A refuge for all WAC Members to rest their newly TUNED-UP gear, HELMET, and RADIOS, by their GORE-TEX jackets, and slip into a warm sleeping bag with a fresh set of POLY-PROPYLENE garments for the night!!! Oh, and there is a first-aid room and plenty of ice to help you with that concussion of yours so come on by and relax after a day of snowsport activity.

Stay Safe! Swoosh, Swoosh, Swoosh!
Mister G. (missing in action)

A MATTER OF PERSPECTIVE

Prior to enjoying Sequoia National Park, Judy and I stayed in the town of Exeter, midway between Bakersfield and Fresno.

The news that evening spent the first fifteen minutes interviewing folks about the weather. It seems cars were in the ditch, folks were caught away from

home without coats, meetings were missed. . . all due to the extreme weather. It was the coldest Oct 1st in 112 years with all the rain.

It had gone all the way down to 66 degrees and had rained 12 hundredths of an inch.

The next morning I tried to buy a Fresno paper but was informed by the clerk, with a straight face, that there had been no delivery that morning, probably because of the rain.

It was almost as much commotion as when Seattle experiences a trace of snow. Bill