



# BULLETIN

April  
2007

## Volunteer Opportunities

We would like to thank all the volunteers for helping in the many aspects of our Club over the last years. Working together we have made the WAC truly something special, unique, and magic. We certainly appreciate your continued support year after year! (There are over 200 of you that help out each year!)

The Washington Alpine Club gives us all a great deal of pleasure and satisfaction. We get to see magnificent vistas, hidden waterfalls, meadows painted with wildflowers from an inspired palette. It keeps us all in shape, smart, and young. We have all made many friends through our Club. Volunteering with the WAC can be very rewarding and provide an additional avenue to meeting people and finding interesting things to do with the Club.

It you have ever thought, "Hey, I'd sure like to give something back to the WAC in appreciation of all I have received," we have a deal for you! Besides the various classes, there are lots of opportunities to help with the bulletin, membership, publicity, leading hikes, work parties, and trips, as well as functions at

Guye Cabin. We would especially welcome anyone who has not yet contributed in the past to participate to help our devoted "regulars". Please contact any Board member for more information!

Don Brooks, on March 30, 2007 leading



a small team near Mirror Lake on the Ski Patrol route. The Ski Patrol Route was a popular race in the 1930's from Lodge Lake on Snoqualmie Pass to Stampede Pass. Lowell Skoog rediscovered this route in the last few years.

## Orcas Island Bike Ride May 5/6

This ride has been voted one of the top 100 climbs in the United States by Bicycle magazine.

Mt. Constitution on Orcas Island offers 3600 feet of elevation in 6 miles for an average grade of 11%; expect to spend at least 60 otherworldly minutes conquering this arid yet heavily forested climb to an Army lookout station.

But first, on Saturday we will cycle 14 miles from the ferry terminal to Moran

State Park. Anyone want to swim? We will be camping on the shores of Cascade Lake. Then on Sunday we will bike another 6 miles from Cascade Lake to Mountain Lake and then to the summit of Mt. Constitution for the most spectacular view in the San Juan Islands. The Ferry leaves Anacortes at 10:40 Saturday morning. Don't get left behind. For more information call John Sargent at 360-377-3217 or email [johnntami@comcast.net](mailto:johnntami@comcast.net)

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Washington  
Alpine Club  
Po Box 352  
Seattle, WA 98101

## Get involved!

- Board Meeting April 12
- Snoqualmie Conservation Coalition Meeting April 10
- Work Party April 14
- Iron Horse Trail Bike Ride April 7/8

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**WASHINGTON ALPINE CLUB**

Organized 1916 Incorporated 1923  
 MEMBER OF: Federation of Western Outdoor Clubs,  
 Washington Trails Assn. Washington Environmental  
 Council. Washington Wilderness Coalition.  
 MidFORC Coalition

*The primary objective of this club is to encourage the healthful enjoyment of the great outdoors, to preserve its natural beauty and to promote good fellowship among all lovers of nature.*

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**MOVING ??-**

Send change of address forms to:  
 Washington Alpine Club, PO Box 352  
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## Iron Horse Trail Bike Ride April 7/8

Have you ever wondered where the old Milwaukee Road went after it comes out of the Snoqualmie Tunnel? All the way across our state and all the way to Milwaukee! We can see for ourselves!

The 4th annual Spring Break bike ride on the Iron Horse is coming soon. Officially it's called the John Wayne Pioneer Trail located in Iron Horse State Park. Both names are used to describe the trail. Currently there's over 100 miles of trail and the long-term plan is to extend it all the way to Montana. Idaho has already paved 73 miles of the path along the Cour d'Alene River. The Washington Alpine Club biked part of this trail in 2006.

Saturday, April 7th 10 am, meet at the South Cle Elum Trail-head. Bring a lunch with you to eat on the trail. We will bike from South Cle Elum to Thorp for 18.6 miles. And then stop for lunch before entering the Thorp tunnel. After lunch we will bike another 6.8 miles to Ellensburg.

In Ellensburg we will camp at the Kittitas county Fairgrounds, next to the John Wayne Pioneer Trail. Dinner will be at a local restaurant. Bring a swimsuit if you want to use the Ellensburg Community Fitness Center Pool. The Pool facility offers a 25m

pool, a 22'x44' kiddie pool w/ play shower, 1m diving board, drop slide, hot tub, sauna, men's and women's shower/dressing room and a well equipped fitness center. Saturday night we may shuttle some cars from South Cle Elum to the Shell station at exit 115.

On Sunday, April 8th Breakfast will be at the Copper Kettle Restaurant and then we will drive to Kittitas to start biking. From Kittitas it's 10 miles to the Boylston Tunnel where we will have lunch. Watch for Horned Owls in the rocks near the tunnel entrance. You will need a head light for the tunnel, it's almost 1/2 mile long and it could still be cold inside. After lunch it's 16.6 miles down hill to the Columbia River. 10 miles. After the ride we will shuttle back to exit 115.

For more information call John Sargent, 306-377-3217 or email at [johtami@comcast.net](mailto:johtami@comcast.net)

South Cle Elum (1905') to Thorp 18.0 miles 270 feet down

Thorp (1635') to West Ellensburg 7.0 miles 95 feet down

West to East Ellensburg (1540') 1.6 miles flat

East Ellensburg to Kittitas 4.9 mile 107 feet up

Kittitas (1647') to Bolyston Tunnel 8.0 mile 603 feet up

Bolyston Tunnel (2250') to Columbia River (547') 8.0 mile 1703 feet down

## President's Corner April 2007

It seemed for a few weeks like the ski season would go on forever, but then some warm sunny days. It is Spring! Daylight savings time has started, and the snow is melting fast. The ski areas will be open only for a couple of more weeks. The WAC had a great season of downhill, telemark, nordic, and boarding! We saw folks of all disciplines at Guye Cabin every weekend. We were surprised at how many folks were learning new skills. Thanks to Karel Zikan and Eli Holmes for leading our x-c skate clinics this year! The WAC has quite a large nordic division. Eli is also director of the nordic kids and juniors program. This program was extremely successful this year.

Lynne Miller, who has done a fantastic job as Membership Chair for the last three years is passing the torch to Kristan Kaupang. Lynne initialed a lot of improvements to our membership process, including paperless welcome letters, reducing the amount of paper with renewals, and multiyear memberships. Our membership has grown to around 500 members in the last couple of years, and our renewal % is up. A huge thanks and big WAC group hug for Lynne!

WAC folks have been seen all over the West this winter. Whistler, Hut skiing in the Rockies, Lake Tahoe, West Yellowstone, and Ouray Colorado are just a few of the places we have been to over the last few months. Now is the time to start putting those Summer Peak lists together. Many members are hoping to complete the Chief Six Peaks this season by climbing the Snoqualmie Peaks.

The WAC Climbing Class is off to a great start! The next two weekends will see the class at Spire Rock, followed by trips to Snoqualmie Pass, the Nisqually Glacier at Mount Rainier, and then a climb of Mount Baker. Thanks to everyone who volunteers to make this class a great success each year!

Our Club is again one of the sponsors for the annual Olympic Coast Beach Cleanup on April 21st and 22th. As with the last five years, we will be responsible for the Oil City Beach and Jefferson Cove to the North. Oil City Beach is where the Hoh River empties into the Pacific Ocean. If you have been out to our Olympic Coast, you know what a wonderful wild area it is. Like last year, we'll camp Saturday night at Oil City Beach. Please contact me if you would like to participate in this event.



Next weekend, April 7th and 8th will be the 4th annual WAC Spring Break bicycle tour. John Sargent once again is putting together WAC bike rides. This year it will be the Iron Horse Trail from Cle Elum to the Columbia River. Sign up with John now! Don't forget about the Orcas Island ride on May 5/6. If you enjoyed any of John's past rides, you will certainly want to do one or both of these rides! See the info elsewhere in this bulletin or on the website.

Our Club is again one of the sponsors for the annual Olympic Coast Beach Cleanup on April 21st and 22th. As with the last five years, we will be responsible for the Hoh Beach and Jefferson Cove to the North. Hoh Beach is where the Hoh River empties into the Pacific Ocean after its journey from high on Mount Olympus. If you have ever been out to our Olympic Coast, you know what a wonderful wild area it is. Like past years, we'll camp Saturday night at Hoh Beach. Please contact me if you would like to participate in this event. You can also come for the day Saturday.

With the Spring weather we'll begin our work parties at Guye Cabin. This year we will have one work parties on the second or third Saturday of every month through October. The first one will be April 14! We have lots of projects on the list. Painting and some carpentry are just a few of the things we can do on this first inside work party. Come up and help out if you have the time! This is a great way to meet some new people in the WAC and invest in the Club's future.

## Conservation Opportunities in the NW

The WAC Board has approved a list of organizations to support as a Club, and as individuals.

Access Fund	<a href="http://www.accessfund.org/">www.accessfund.org/</a>
Audubon Washington	<a href="http://www.wa.audubon.org/">www.wa.audubon.org/</a>
Cascade Land Conservancy	<a href="http://www.cascadeland.org/">www.cascadeland.org/</a>
Conservation Northwest	<a href="http://www.conservationnw.org/">www.conservationnw.org/</a>
Earth Corps	<a href="http://www.earthcorps.org/">www.earthcorps.org/</a>
Mountains to Sounds Greenway	<a href="http://www.mtsgreenway.org/">www.mtsgreenway.org/</a>
The Nature Conservancy	<a href="http://www.nature.org/">www.nature.org/</a>
Washington Trails Association	<a href="http://www.wta.org/">www.wta.org/</a>

**WAC Planned Giving** is encouraging Washington Alpine Club members to remember the Club in their wills, or through donations. Have you made arrangements to help see our Club into the future? The WAC is almost 100 years old, and Guye Cabin is celebrating its 75th anniversary this year. Please help to ensure that this grand Club that has given so many of us so many wonderful memories continues to provide outdoor opportunities to children and people of all ages! In the twenty first century this is more important than ever before.

## Olympic Coast Cleanup April 21, 2007

You are invited to participate in a grand adventure: to join others in removing debris from of Olympic National Park and Makah Indian Reservation Pacific Ocean beaches during the April 21, 2007 weekend. The Washington Alpine Club is one of the sponsors of this event. As in past years, we will camp at the Hoh Beach on Saturday evening, about two miles from the trailhead.

Contact Mike Mahanay at 206-933-6801 or [mikem@grandcanyontreks.org](mailto:mikem@grandcanyontreks.org) to register. We will do the Jefferson Cove Beach south of Forks. Each year we see Bald Eagles, seals, and lots of life in the tide-pools. Our goal this year is 15 volunteers. We would like firm commitments by April 10, but of course will take late comers up to the last second.

The clean up is energized by a partnership of community service organizations, businesses, tribal and government agencies. Volunteers will comb ocean beaches from Kalaloch South Beach in Olympic National Park to Hobuck Beach on the Makah Reservation. Marine debris will be hauled off the beaches and piled at trailheads or cache sites for disposal. This community/volunteer effort will help preserve the natural beauty of this unparalleled Washington wilderness resource.

Want to do an overnigher into the Coastal Wilderness? Some beaches will require an overnight stay. More remote beaches will require a several day commitment from volunteers with no-trace wilderness backpacking skills. Emphasis of the 2007 clean up will be on remote, difficult to reach wilderness beaches. Because of their remoteness, many of these beaches have never had a thorough clean up before. Hardy wilderness savvy volunteers are needed. Volunteers will cache debris at sites identified by Olympic National Park or Makah Reservation staff. Debris removal from the cache sites will occur at a later date.

Volunteers will register at one of four field operation sites including the Forks Information Center, and Kalaloch. At these sites volunteers will receive information about the beach they will be working.

More info at <http://www.olympiccoastcleanup.us/>

# Earth Day April 22

The weekend of April 21/22 is Earth Day! This is a time to give a little back to our trails and environment. Many of us are heading to the Pacific Ocean and the only Wilderness Coast in the lower 48 to pick up debris left by the many storms this past winter. Can't go? Take some time to take a walk, do a hike, or other outdoor activity, or take a moment to lend support to your favorite environmental cause to celebrate this magic day.

This Earth Day, let's all be responsible for taking one environmentally positive action; here are some ideas:

1. Plant a tree! Trees increase levels of oxygen in the air and filter out some of the pollutants we produce.
2. Replace a light bulb! Choose your favorite lamp and exchange the incandescent light bulb with a compact fluorescent one. They last 10 times longer and use only one-fourth of the energy compared to incandescent light bulbs.
3. Bring your own bag! Reuse old bags or bring a cloth one to carry items and set a good example at the grocery store and other places where you shop.
4. Don't drive! Take Earth Day to walk or ride your bike.

## Guye Peak Cave Ridge And Snoqualmie Mountain

F.M. Guye and friends patented 12 mining claims around 1882 on the slopes of Guye Peak, now named after him, even though early geologists tried to call the mountain Slate Peak. He even built a cabin in 1883, visible from the Snow Lake trail as recently as the 1920's. It was probably he who started the mining trail up the lower slopes of Cave Ridge, but the trail apparently stopped at the fork between the Snoqualmie and Guye trails at 4000', even back in the 1920's. We don't know when they were continued, or when the trail up to the saddle from Commonwealth Creek was made. These have never been "official" trails, and don't exist on any map we've ever seen.

You'll be saving gas and reducing air pollution.

5. Clean up your community! Organize a small scale clean up. Pick up litter in your neighborhood and on your streets.
6. Read to a child! Help educate future care givers of the earth! Sit down with your child, a relative or a neighbor and read "The Lorax" or any other environmentally focused and age appropriate book.
7. Order a recycling bin! Get information on your local curbside service. Recycling helps lessen the amount of waste that goes into landfills and reduces the amount of toxic chemicals absorbed into the earth.
8. Start a compost pile! Composting organic wastes can reduce the amount of garbage produced by your household by as much as a third.
9. Visit a Farmers Market! Buy locally produced foods instead of goods that must be trucked in.
10. Use your own mug! When you buy coffee this morning, bring your own mug. Remember that each year Americans throw away 25,000,000,000 Styrofoam cups. Even 500 years from now, the foam coffee cup you used this morning will be sitting in a landfill!

## 501C3 Corporation?

The WAC is currently a 501C7 organization as a social club. Many folks have asked, "Hey why aren't we a 501C3 so donations will be tax deductible?" To qualify for exemption under the Internal Revenue Code, our Club must be organized for one or more of the purposes specifically designated in the Code. We could reorganize for an Educational purpose. This might be easy to do since we already have so many classes in place. We might need to alter our mission statement a bit.

Is there anyone that can investigate and help with this?

[www.legalfilings.com/services\\_501c3faqs.htm](http://www.legalfilings.com/services_501c3faqs.htm)

## Cascades Freeheel Festival Report

The WAC organized and sponsored first annual Cascades Freeheel Festival was held on March 10 at Hyak! This was a Pacific Northwest grass-roots gathering to celebrate our community, the Spring snow, telemarking, randonee, x-country, and back-country skiing. What does grass roots mean? No budget (zero), but plenty of fun! The Cascades Freeheel Festival event was created by WAC skiers for skiers to promote the fellowship, climate, magic, fun, skill, and knowledge of freeheel and backcountry skiing. There was socializing all day at the Old Milwaukee Lodge, at the base of the Mountain.

The day began with a series of telemark clinics. Next up was the Skin up and Ski down race. Joe Wadden, our friend from Outdoor Research, organ-



ized the Skin up and Ski down race. We went up the Creek Run to the ridge and then down Serpentine, then Creek Run back to the Lodge. There were 25 participants in several different divisions. It was a very competitive field! The elite race was won by Scott Coldiron who did three laps. The WAC's own Bert Bradley came in first in the gentleman's one lap division. Everyone had fun, and prizes were awarded!

We also had a costume mass ski, and had a limited number of super cool nifty first come first serve t-shirts for sale. They went like Chef Nelson's huckleberry hotcakes on an early Sunday morning at GUYE Cabin!

John Martin, the BBQ King, cooked up BBQ under the big tent! We had Veggie Burgers, Hamburgers, Pulled Pork BBQ, and potato salad! We also had Tom Welch's fantastic homemade burritos! Yum!

Later on when we moved inside for the Bunk 42 Band!! Bunk 42 Band is Andrew, Ted, Pat, McCain, and Eric Bosell, a five piece band that covers tunes of the 80's and 90's. Everyone gave them five stars!!!! Hyak has an excellent dance floor! There was plenty of cutting the rug with the tunes from Bunk 42! Not surprisingly the best dancers were wearing teleboots! A special thanks to Eric for arranging Bunk 42 to play for us! Good things do come to those who visit GUYE Cabin!

Thanks to everyone that organized! Beck, Mike Mahanay, John Roberts, Bunk 42 Band! And thanks to everyone that helped out before, during, and after the event! Joe Wadden, Doerte Mahanay, Randy Oakley, Eli Holmes, Karel Zikan, Joe Sambataro, Mary Lynch, And all the great Hyak Staff! See you again next year in 2008! Next winter, 2008, we also hope to sponsor and participate in the Snoqualmie Loppet, a Mount Catherine Loppet, and the 2008 version of the old Ski Patrol Tour from Snoqualmie Pass to Stampede Pass.

### WAC Calendar

April 07/08 > Iron Horse Trail Bike Ride, Cle Elum to Vantage

April 10 > Snoqualmie Conservation Coalition 6

April 12 > Board Meeting

April 14 > Second Saturday Work Party

April 21 > Olympic Beach Cleanup & Earth Day

May 05/06 > San Juan Islands Bike Ride-Orcas Island

May 06 > Lilac Bloomsday Run

May 08 > Conservation Summit 7

May 10 > Bike to Board Meeting

May 12 > Second Saturday Work Party

May 18 > Bike to Work Day

June 10 > Conservation Summit 8

June 23 > Third Saturday Work Party

July 14/15 > STP Bike Ride

July 21 > Third Saturday Work Party

July 28 > Seafair Tourchlight Run Downtown

August 04/05 > Belise/Moss Wedding

August 10-12 > FWOC Convention at Snoqualmie Pass

August 11 > Second Saturday Work Party

## Guye Cabin Work Parties this Spring and Summer!

As everyone knows Guye Cabin sustained some damage in the big windstorm of last December. Mike is working with the insurance company to finalize the settlement. We'll need a lot of help to put our Cabin back in perfect shape over the next six months. This is the 75th anniversary of Guye Cabin so it is a very good time to celebrate, and put the Cabin in shape for the next 75 years! The Cabin is a great place to base for hikes, bike rides, and climbs in the Snoqualmie Peaks! Consider combining a trip outside with a day at a work party.

We'll again have a potluck cookout for lunch, bring stuff for burger or hotdogs and sides to share! We'll look for a couple of people to organize this each time. Do you see something you can help out with? We need some skilled folks to lead projects. We also need folks who can just help out, and learn some new skills.

**Schedule for this year!** Mark your calendars! ( During the big jobs we might do both Sat and Sunday to get the job done)

April 14 > Second Saturday Work Party (Inside tasks)

May 12 > Second Saturday Work Party

June 16 > Third Saturday Work Party

July 21 > Third Saturday Work Party

August 11 > Second Saturday Work Party

September 15 > Third Saturday Work Party

### Here is the list of stuff we are working on!

#### Inside ( could be done prior to snow melt, April and May)

Various Electrical repairs

Window Cushion repair

Shim the furnaces ( between the floor and furnace)

Redo shower room

Paint projects - bathrooms, basement, entryway

Sand and finish basement benches

#### Storm Repair

Replace the rafters in women's dorm area

Repair the floor above the women's dorm

Replace the rafters in entry way roof

Repair 30% of existing roof, or New Metal roof for entire Cabin

Chimney lining

Rebuild the outside stairs

#### Inside after the roof repair

Fireplace Room ceiling insulation

Fireplace Room ceiling

Repair ceiling fan in Fireplace room

Refinish hallway floor

Refinish Fireplace room floor

New carpet in hall from landing to women's dorm

Redo bathroom ceilings

#### Outside in the Yard (beginning May or June)

Parking area fill, packing, grading, and gravel finish

Bring down additional trees at risk

Big Firewood detail

Big Cleanup detail

Build Benches for outside

Build a Bridge (Beginning June)

Site preparation

Build forms

Pour concrete

Install steel

#### Needed Donations (must be nice)

New Ping Pong Table

Couches ( no hide a beds)

Wooden table and chairs

Refrigerator > Donated by Donn Brooks. Awaiting arrival

Short book case ( any furniture carpenters out there?)

# FreeHeel Festival Fun!

Full Report and Photos at

<http://www.grandcanyontreks.org/wac/2005/cascadefreeheelfestivalreport.html>



**Skin up and Ski Down Race**



**Costume Ski**

## Nostalgia

*1957 - Stampede Pass* - We can't promise the weather, but we can gamble on April 6<sup>th</sup> and 7<sup>th</sup> as having two days of sunshine for some real spring skiing. There's no chains to fool with or gas tanks to fill. You can sit back in comfort and travel by Great Northern Railway, leaving Seattle at 8:25 AM sharp.

The fare is \$4.13 round trip. We will stay at Meany Lodge as guests of the Mountaineers. The complete weekend at the Lodge is \$5.75. This will include lodging (don't forget your sleeping bag), meals and use of the rope tow for the week-end. This should be a good one. Join us.

From:

The Washington Alpine Club

PO Box 352

Seattle WA 9811

**First Class**

*Address Correction Requested*

*Do not forward*

To: