



BULLETIN

Iron Horse Bike Ride *See Page 7*



Mike Daly demonstrates the Z Pulley at the Climbing Class Instructor Training at Guye Cabin on March 16

April, 2008
Volume 91, Issue 4

**Washington
Alpine Club
Po Box 352
Seattle, WA 98101**

Get involved!

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WAC technical T's are back! To get yours see page 3!

MOFA Instructor Class – Sign up now!

Do you want to improve your first aid knowledge and skills? Would you like to help out your fellow WAC members and give something back to the club? Become a MOFA Instructor!

If you have a current MOFA card, join the upcoming spring MOFA Instructor Course.

DATES: May 10, 17, 18, 31, June 1 – All dates inclusive

TIMES: Saturday and/or Sundays, 8:00 AM to 6:00 PM

LOCATION: Bio-Rad Laboratories, 6565 185th Ave. NE, Redmond, WA 98052

COST: \$75 reimbursed by the WAC

<http://www.mountaineers.org/seattle/mofa/>

Beach Cleanup April 26/27, page 5

for helping us for so many years. Working together we have made the WAC into something very special. We certainly appreciate the continuing support of those who have already contributed. But we would especially welcome anyone who has not yet contributed in the past to take a volunteer job to help our devoted "regulars". We would like to get to know you better and we could really use your help. Volunteering with the WAC can be very rewarding and provide an additional avenue to finding interesting things to do with the club.

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WASHINGTON ALPINE CLUB

Organized 1916 Incorporated 1923

MEMBER OF: Federation of Western Outdoor Clubs,
Washington Trails Assn. Washington Environmental
Council. Washington Wilderness Coalition.
MidFORC Coalition

*The primary objective of this club is to encourage the healthful
enjoyment of the great outdoors, to preserve its natural beauty
and to promote good fellowship among all lovers of nature.*

PO Box 352 Seattle, WA 98111

www.washingtonalpineclub.org

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MOVING ??-

Send change of address forms to:
Washington Alpine Club, PO Box 352
Seattle, WA 98111

Or Dave Mitchell dtmitch@mindspring.com

Looking Ahead! WAC Calendar

April 05/06 > Iron Horse Trail Bike ride to the Columbia River

April 12 > Work Party inside Guye Cabin
If you have helped out at work party, or any of the WAC
classes you can be signed off to open and close Guye
Cabin. We'll do this after lunch.

April 16 > Board Meeting
April 22 > Earth Day

April 26/27 > Olypmic Beach Cleanup

May > Bike to work Month
May 04 > Bloomsday Run in Spokane
May 09/11 > Climbing Class Alpine Climbs from Cabin
May 14 > Board Meeting
May 16 > Bike to Work Day
May 16/18 > Climbing Class Alpine Climbs from Cabin

May 17/18 > San Juan Island Bike Ride

July 12/13 > STP Bike Ride

Work parties April through Sept.

Join the WACLIST on Yahoo!

If you want to get mail on the WAC email list, join the yahoo
group at <http://groups.yahoo.com/group/waclist/>

Post message: waclist@yahoogroups.com

Subscribe: waclist-subscribe@yahoogroups.com

Important: You must be a current Member! We have to approve
you before you can join. All we see is your email address unless
you tell us more. Please put your name in the comment sec-
tion. As much as we love you all, we haven't memorized your
email addresses, and if we can't figure out who you are from
your email address alone, then we'll deny your request. If this
happens to you just apply to join the group again and in the com-
ment section, tell us your name.

Does the WAC have your good email address?
You can check these things on the WAC website.
Please go to www.washingtonalpineclub.org
If your address chances please let us know!

If you don't have an account on the www.wacweb.org you can
use the shared name and password:
User name: *climbing* Password: *climbon*

Thanks -George Snelling, Mike Garrison, Sim Larkin

President's Corner April 2008

It seemed for a few weeks like the ski season would go on forever, but then some warm sunny days. It is Spring! The daffodils are blooming in Seattle, there are baby birds chirping out the window, and the renowned WAC climbing class has begun! Daylight savings time has started, and the snow is melting fast. The ski area's will be open only for a couple of more weeks. The WAC had a great season of downhill, telemark, nordic, backcountry, and boarding! We saw folks of all disciplines at Guye Cabin every weekend. We were surprised at how many folks were learning new skills. Thanks to Karel Zikan and Eli Holmes for leading our x-c skate clinics this year! The WAC has quite a large nordic division. Eli is also director of the nordic kids and juniors program. This program was extremely successful this year.

WAC folks have been seen all over the West this winter. Yellowstone, Canada, Montana, Whistler, Lake Tahoe are just a few of the places we have been to over the last few months. Now is the time to start putting those Summer Peak lists together. Many members are hoping to complete the Chief Six Peaks this season by climbing the Snoqualmie Peaks.

The WAC Climbing Class is off to a great start! The next two weekends will see the class at Spire Rock, followed by trips to Snoqualmie Pass, the Nisqually Glacier at Mount Rainier, and then a climb of Mount Baker. Thanks to everyone who volunteers to make this class a great success each year!

Our Club is again one of the sponsors for the annual Olympic Coast Beach Cleanup on April 26th and 27th. As with the last five years, we will be responsible for the Hoh Beach and Jefferson Cove to the North. Oil City Beach is where the Hoh River empties into the Pacific Ocean. If you have been out to our Olympic Coast, you know what a wonderful wild area it is. Like last year, we'll camp Saturday night at Hoh Beach. Please contact me if you would like to participate in this event. You can also come for the day Saturday.

Next weekend, April 5th and 6th will be the 5th annual WAC Spring Break bicycle tour. John Sargent once again is putting together WAC bike rides. This year it will be the Iron Horse Trail from Cle Elum to the Columbia River. Sign up with John now! Don't forget about the San Juan Island ride on May 17/18. If you enjoyed any of John's past rides, you will certainly want to do one or both of these rides! See the info elsewhere in this bulletin or on the website.

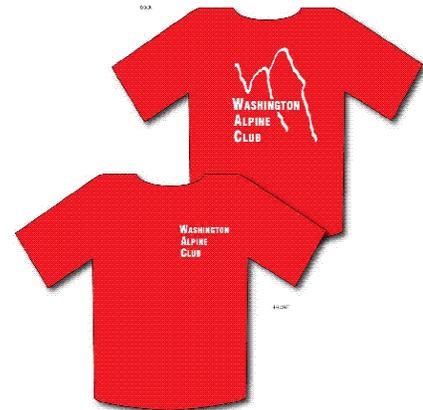
With the Spring weather we'll begin our work parties at Guye Cabin. This year we will have one work parties on the second or third Saturday of every month through October. The first one will be April 14! We have lots of projects on the list. Painting and some carpentry are just a few of the things we can do on this first inside work party. Come up and help out if you have the time! This is a great way to meet some new people in the WAC and invest in the Club's future. Check the website for the dates. Please call or email and John Sargent or me know you are coming.



WAC technical T's

Many people have been asking about the WAC t-shirts so we will place another order. You can pick them up at a work party, climbing class, or downtown at lunch. S,M,L, XL,XXL

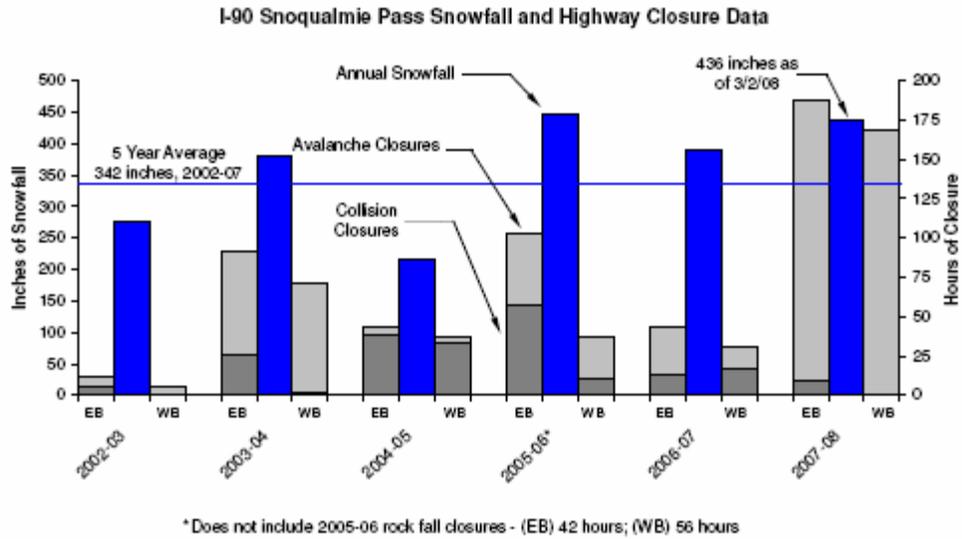
Specify size, quantity, & just send your \$25 each to WAC, PO Box 352, Seattle WA 98111. Offer ends April 30!



The Bulletin is 100% online. Our new format allows us to offer photos, color, more timely content, and save a lot of paper and trees. For those without email, with dial up connections, or with incompatible software we will continue to mail the Bulletin. Do you have a story or photo you would like to share? Please send it in to us.

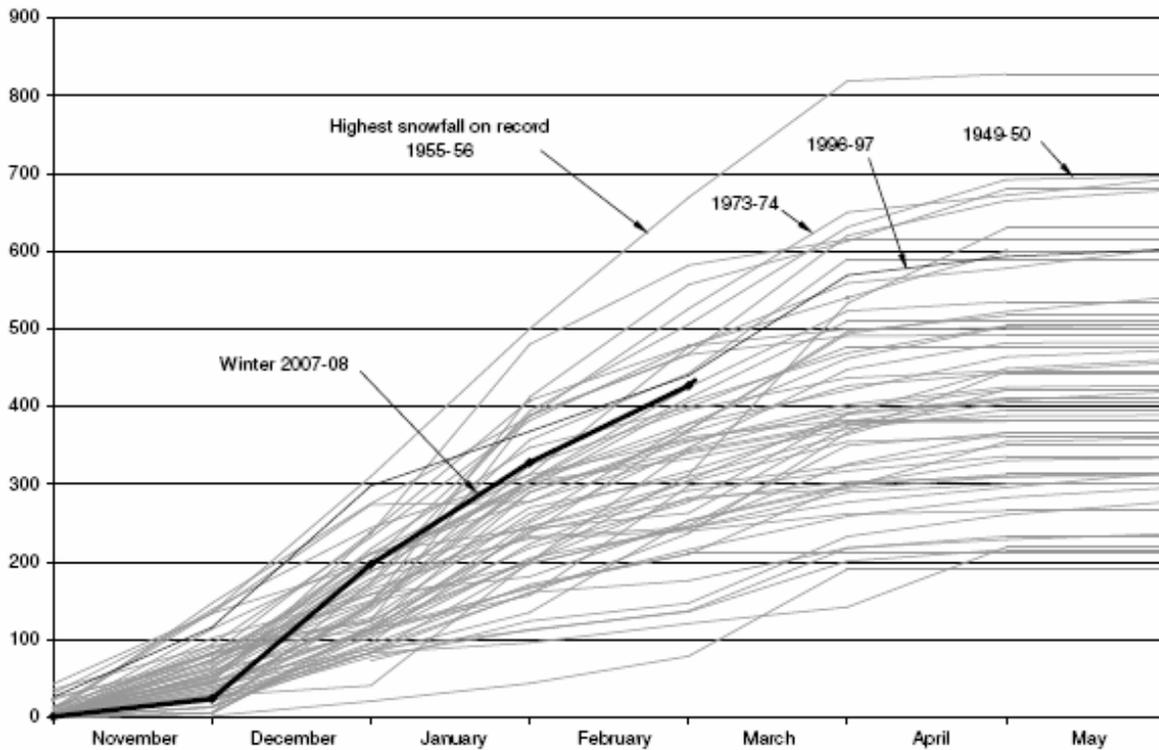
Climbing Hiking Biking Skiing Partners

Many folks are looking for skiing, hiking, biking, and climbing partners. The Yahoo Waclist is a very effective way of looking for someone on short notice. Participating in Club events is also an excellent way of making new friends and finding long term partners.



Snoqualmie Pass received a lot of snow this winter. The snowfall as of March 3 for the 2007-2008 winter season is 436 inches, 127.5 percent of the five-year average.

Snoqualmie Pass Historical Snowfall 1949 - Present (as of March 2, 2008)



Spring MOFA Instructor Class—Sign up now

To all of you who are MOFA certified:

Please help! We need you to become MOFA instructors so that the WAC can offer its own MOFA courses. So? What do you say? Do you want to improve your first aid knowledge and skills? Remember, you don't really know something until you can explain it to someone else. Would you like to help out your fellow WAC members and give something back to the club? Become a MOFA Instructor!

If you have a current MOFA card, join the upcoming MOFA Instructor Course. This course will qualify you as an ARC certified Lay Responder First Aid and CPR/AED Instructor as well as a certified MOFA Instructor.

DATES: May 10, 17, 18, 31, June 1 - ALL DATES INCLUSIVE.

TIMES: Saturday and/or Sundays, 8:00 AM to 6:00 PM

LOCATION: Bio-Rad Laboratories, 6565 185th Ave. NE, Redmond, WA 98052

REGISTRATION: Call or email Karl k.brackmann@verizon.net

COURSE FEE: \$75.00

PRE-REQUISITES: You must have completed MOFA to qualify for the Instructor Course.

The course tuition of \$75.00 may be reimbursed after you teach your first course for the WAC.

For questions, need further information, or have difficulty in registering regarding the Instructor Course, please contact Karl Brackmann by phone at 425 788-8947 (home), 425 498-1704 (work) or Email k.brackmann@verizon.net

If you do sign up, please let me know so I can ask you to help teach next fall.
Scott Calhoun

Olympic Coast Beach Cleanup! April 26/27

The seventh year of this annual event!

"The wildest, the most remote and, I think, the most picturesque beach area of our whole coastline lies under the pounding surf along the Pacific Ocean in the State of Washington . . . It is a place of haunting beauty, of deep solitude." William O. Douglas

Jefferson Cove is a beautiful low tide beach about a mile long. At the North end is the first ladder and the route over the big Hoh Head that eventually makes it's way to Third Beach, some 17 miles distant. Hoh Head can never be rounded, even at an extreme low tide. It is 1.5 miles to the low tide beach at the North side of Hoh Head, and 3.5 miles by trail to Mosquito Creek.

You are invited to participate in a grand adventure: to join others in removing debris from of Olympic National Park beaches during the April 26/27 2008 weekend. We will camp at the Hoh Beach on Saturday evening, about two miles from the trailhead. We will have a beach fire. Can't camp overnight? Come for the day!

Contact Mike Mahanay mikem@grandcanyontreks.org at to register. We will again do the Hoh Beach and Jefferson Cove Beach south of Forks. Every year we see Bald Eagles, seals, and lots of life in the tidepools. Last year we saw Gray Whales. We had a party of 13 last year. Our goal this year is 15 volunteers. We would like firm commitments by April 12, but of course will take late comers up to the last minute.

WAC Trip Reports!

Backcountry Class photos:

From John Sullivan:

<http://www.flickr.com/photos/andrewjohnsullivan/sets/72157604107250708/>

From Denny Trimble

<http://www.flickr.com/photos/dennyt/2323475266/in/photostream/>

From Susan Ashlock

<http://www.flickr.com/photos/susanashlock/sets/72157604082262166/>

From Pete Alderson:

Skiing the Snoqualmie Slot Couloir

<http://www.repete.us/Trips/SlotCouloir-030508.html>

Climbing and skiing on the north side of McClellan Butte

<http://www.repete.us/Trips/McClellan-030608.html>-Pete

Inaugural Snoqualmie Loppet from Mike Mahanay

<http://www.grandcanyonreks.org/backcountry/snoqualmieloppet2008.html>



Some photos from the Backcountry Class overnight trip near Stevens Pass

Is you CPR Current?

The WAC encourages everyone to learn CPR.

There is a American Red Cross CPR class on May 3 at the Seattle Convention Center. They will be running lots of people through the class for most of the day. Registration for this class starts on April 1.

More info in the waclist & in the April bulletin

In the meantime, if you need a CPR class, the Red Cross holds them almost weekly. Check their website for times and locations. The cost is \$36.

<http://www.seattleredcross.org/show.aspx?mi=4022>

Most fire departments also hold CPR classes. Check with your fire local department.

Guye Cabin

Spring is a perfect time to visit Guye Cabin. There is still lots of snow, but less, people, since lessons are over. Bring your family, friends or group up to show off Guye Cabin. You'll need to schedule in advance since the Cabin will not automatically be open every weekend now that ski season is over.

Are you ready for a work party? ***We will have an inside work party in April 12!***

After lunch we will sign people off to open and close

Guye Cabin tasks for 2008-

Inside

Various Electrical repairs (in progress)
New entry way doors
Paint projects - bathrooms, basement
New carpet in hall from landing to women's dorm (in progress)

Bathrooms

Redo bathroom ceilings
Redo shower room

Drying room

Sand and finish basement benches

Fireplace Room

Sand and Refinish Fireplace room floor

Ping pong room

New lighting for the ping pong room

Needed Donations (must be nice)

New Ping Pong Table
Wooden table and chairs
Short book case (any furniture carpenters out there?)

Starting May or June-

Outside the Cabin

Repair siding in various areas (left over from new roof)
Touch up paint – red and green

Outside in the Yard

Cleanup of branches and rounds
Firewood detail (split and stack)
Move dirt and rock from the East side of Cabin
Benches for outside

Bridge Work

The 5th annual bike ride on the Iron Horse April 5/6

The WAC has hosted an annual bike ride every April for the last 4 years. As a club we have ridden from Easton to the Columbia River on the John Wayne Pioneer Trail, from Sprague to Cheney on the Columbia Plateau Trail. We have ridden the Klickitat Trail, the Historic Columbia River Highway through the Columbia Gorge and my personal favorite, the Trail of the Coeur d'Alene from Plummer to Cataldo Idaho.

Please join me as we return to the Iron Horse this year. We will meet at the South Cle Elum Trailhead **Saturday, April 5th 11 am**. From I-90 take exit 84 and follow the signs to Iron Horse State Park. Bring a lunch with you to eat on the trail. We will bike from South Cle Elum to Thorp for 18.6 miles and stop for lunch next to the Yakima River. There is a nice spot for lunch with a picnic table right after the Thorp tunnel. After lunch we will bike another 6.8 miles to Ellensburg.

If you arrive Friday night, you can stay at the bunkhouse, built by the Milwaukee Road for its crew. It's now listed on the National Register of Historic Place and is a bed-and-breakfast called the Iron Horse Inn.

In Ellensburg we will camp at the Kittitas county Fairgrounds, next to the John Wayne Pioneer Trail. Dinner will be at a local restaurant. Bring a swimsuit and towel and enjoy the swimming Pool and Hot Tub in Ellensburg.

On Sunday morning, after breakfast we'll start biking. We'll ride 15 miles from Ellensburg to the Boylston Tunnel where we will have lunch. Fat tires will be a plus because 4 miles of the trail before the tunnel will be sandy. You will need a bright light to see while biking in the tunnel. The tunnel is less than a half mile long. After lunch it's another 17 miles down hill to the Columbia River.

For more information call John Sargent, 360-377-3217.

May 17/18 is the San Juan Island bike ride. John is also organizing that one.

2008 Wilderness Conference April 3-5 “Wilderness in a Time of Change”

For the complete schedule please visit: www.wilderness2008.org

Thursday, April 3rd at Kane Hall on the University of Washington Campus - 6:30pm

FREE public presentation by environmental photojournalist, Gary Braasch, author of *Earth Under Fire: How Global Warming is Changing the World*.

Register now! Please click here to secure free tickets for the April 3rd event:

<http://www.brownpapertickets.com/event/28585>

Friday, April 4th and Saturday, April 5th at the Mountaineers building -

(300 Third Avenue West Seattle, WA 98119)

Join us to discuss the future of Wilderness in a time of change and hear challenging presentations of current issues.

Presentations and discussions include:

- Protecting Biodiversity in a Changing Climate
- Compromise and Collaboration: Defining the Public Interest
- Connecting Kids and Nature
- Engaging Diverse Cultures
- Spiritual Values of Wilderness

Conference speakers include:

- Bill Rodgers, UW Law Professor
- Doug Scott, Campaign for America’s Wilderness
- Roger Kaye, Wilderness Specialist, USFWS
- Dennis Martinez, Indigenous People’s Restoration Network

Sat. Banquet speaker: Stephen Brown, Ph.D., Director of Shorebird Conservation Research at the Manomet Center for Conservation Sciences and editor of *Arctic Wings: Birds of the Arctic National Wildlife Refuge*.

Register now! Please click here to purchase tickets for the April 4th & 5th dates of the Conference:

<http://www.brownpapertickets.com/event/28594>

Questions? Email raelene@seanet.com



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Seattle WA 9811

First Class

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