



BULLETIN

Climbing Class *See Page 4*



The start of the Hog Loppet Ski Tour from the top of Mission Ridge.
Photo by Susan Ashlock

MOFA Instructor Classes

Do you want to improve your first aid knowledge and skills? Would you like to help out your fellow WAC members and give something back to the club? Become a MOFA Instructor!

If you have a current MOFA card,

join the upcoming spring MOFA Instructor Course.

DATES: May 10, 17, 18, 31, June 1 – All dates inclusive

TIMES: Saturday and/or Sundays, 8:00 AM to 6:00 PM

LOCATION: Bio-Rad Laboratories, 6565 185th Ave. NE, Redmond, WA 98052

COST: \$75 reimbursed by the WAC

<http://www.mountaineers.org/seattle/mofa/>

We would like to thank all our volunteers for helping us for so many years. Working together we have made the WAC into something very special. We certainly appreciate the continuing support of those who have already contributed. But we would especially welcome anyone who has not yet contributed in the past to take a volunteer job to help our devoted "regulars". We would like to get to know you better and we could really use your help. Volunteering with the WAC can be very rewarding and provide an additional avenue to finding interesting things to do with the club.

March, 2008
Volume 91, Issue 3

Washington
Alpine Club
Po Box 352
Seattle, WA 98101

Get involved!

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WASHINGTON ALPINE CLUB

Organized 1916 Incorporated 1923

MEMBER OF: Federation of Western Outdoor Clubs,
Washington Trails Assn. Washington Environmental
Council. Washington Wilderness Coalition.
MidFORC Coalition

*The primary objective of this club is to encourage the healthful
enjoyment of the great outdoors, to preserve its natural beauty
and to promote good fellowship among all lovers of nature.*

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MOVING ??-

Send change of address forms to:
Washington Alpine Club, PO Box 352
Seattle, WA 98111

Or Dave Mitchell dtmitch@mindspring.com

Looking Ahead! WAC Calendar

March 02 > Climbing New Instructor Training
March 6/7 > Physics students at Cabin
March 7/8 > ICO at Cabin
March 08 > Feeheel Festival at Hyak
March 08/09 > Bike Expo
March 12-14 > Michael Balise Group at Cabin
March 12 > Board Meeting
March 16 > Climbing Instructor Training at Cabin
March - June > Basic Climbing Class

April 05/06 > Iron Horse Trail Bike ride to the Columbia River
April 16 > Board Meeting
April 22 > Earth Day
April 26/27 > Olympic Beach Cleanup

May 04 > Bloomsday Run in Spokane
May 09/11 > Climbing Class Alpine Climbs from Cabin
May 14 > Board Meeting
May 16 > Bike to Work Day
May 16/18 > Climbing Class Alpine Climbs from Cabin
May 17/18 > San Juan Island Bike Ride

July 12/13 > STP Bike Ride

Work parties starting in May, through Sept.

Join the WACLIST on Yahoo!

If you want to get mail on the WAC email list, join the yahoo
group at <http://groups.yahoo.com/group/waclist/>
Post message: waclist@yahoogroups.com
Subscribe: waclist-subscribe@yahoogroups.com

Important: You must be a current Member! We have to approve
you before you can join. All we see is your email address unless
you tell us more. Please put your name in the comment sec-
tion. As much as we love you all, we haven't memorized your
email addresses, and if we can't figure out who you are from
your email address alone, then we'll deny your request. If this
happens to you just apply to join the group again and in the com-
ment section, tell us your name.

Does the WAC have your good email address?
You can check these things on the WAC website.
Please go to www.washingtonalpineclub.org
If your address chances please let us know!

If you don't have an account on the www.wacweb.org you can
use the shared name and password:
User name: *climbing* Password: *climbon*

Thanks -George Snelling, Mike Garrison, Sim Larkin

President's Corner March 2008

Although we have received over 400 inches of snow, the weather has become mild, the days are getting longer and the ski lessons are wrapping up. The official day for the vernal equinox and the beginning of spring is March 20, and Easter is the 23rd. This is as early as Easter can get. We have had another superb ski season. The skiable snow should last well into May. Our weather will soon turn gorgeous, and the yellow daffodils will make everyone feel very happy! When do you think the last snow will melt from around Guye Cabin?

Jason Christensen had the Backcountry Class at Guye Cabin last weekend. They had perfect sunny winter weather, and lots of snow on the ground! The 2008 Climbing Class will also be underway very soon! It is led this year by Doug, Fred, and Kristin. They will have the instructors clinics at Guye Cabin on March 016. Thanks to the co-chairs and all the volunteers who work so hard to organize and teach these and other WAC classes!

John Sargent will again lead a bike outing suitable for all ages. April 5th and 6th will be the 5th annual WAC Spring Break bicycle tour. This tour will travel the Iron Horse Trail from South Cle Elum to the Columbia River. See the info elsewhere in this bulletin or on the website. Sign up with John now!

Don't forget in May John will lead another of the San Juan Islands bike ride series. This time on San Juan Island. Sign up with John.

April 26/27 is the 7th annual Olympic Beach Cleanup, our yearly service trip. There have been some really intense storms this winter. These storms, unfortunately, bring a new delivery of flotsam and jetsam to our beaches. Coordinated by our old friend Jan Klippert, the coastal clean now goes all the way from the Long Beach Peninsula to Cape Flattery. The WAC portion is Hoh Beach. Come join the fun! We have participated the last six years and each year it has been even more fun than the year before! It makes everyone feel good to know they help cleanup the only wilderness coastline in the lower 48. Come on out on April 26/27, to where the cold glacier water from Mount Olympus meets the Pacific Ocean! Sign up in advance with Mike.



March and April are great times to visit the Guye Cabin. As the flowers begin to bloom in Seattle, and the days become longer there will be less people, more parking spaces, and still all the snow you need! The Cabin is a great place to meet new friends and renew old friendships! Bring up family and friends for the day, or the weekend. It is also ideal for scouts, school groups, and birthdays.

Sometimes we forget just what the Washington Alpine Club is. A long standing tradition, the WAC started in 1916 and is going stronger than ever with 500 members who actually know each other. Do you know someone who would be a good fit for the WAC? Please take some time and introduce them to some of the many benefits our unique Club has to offer, and get them online to sign up! They will thank you for it!

The Bulletin is 100% online. Our new format allows us to offer photos, color, more timely content, and save a lot of paper and trees. For those without email, with dial up connections, or with incompatible software we will continue to mail the Bulletin. Do you have a story or photo you would like to share? Please send it in to us.

Skiing Climbing Hiking Biking Partners

Many folks are looking for skiing, hiking, biking, and climbing partners. The Yahoo Waclist is a very effective way of looking for someone on short notice. Participating in Club events is also an excellent way of making new friends and finding long term partners.

WAC Climbing!

The WAC BASIC Climbing Class is right around the corner. We are looking forward to a great climbing class this year, with 32 students. We need your help to make the class run smoothly! Take a look at the schedule at www.wacclass.org and find some time to help volunteer. If you are interested in instructing and have not signed up for the instructor mail list sign up at www.yahogroups.com wac-class-instructors.

Upcoming events:

New Instructor Training: Sunday March 2nd at 10am

Returning Instructor Training: Sunday March 16th at 8am at Guye Cabin

First Class: Tuesday March 18th at 7pm

Let us know if you have any questions - we look forward to seeing you for the class!

Doug, Fred, and Kristin

wacclass-cochairs@yahogroups.com



Spring MOFA Instructor Class

To all of you who are MOFA certified:

Please help! We need you to become MOFA instructors so that the WAC can offer its own MOFA courses. So? What do you say? Do you want to improve your first aid knowledge and skills? Remember, you don't really know something until you can explain it to someone else. Would you like to help out your fellow WAC members and give something back to the club? Become a MOFA Instructor!

If you have a current MOFA card, join the upcoming MOFA Instructor Course. This course will qualify you as an ARC certified Lay Responder First Aid and CPR/AED Instructor as well as a certified MOFA Instructor.

The 2008 Spring MOFA Instructor, ARC Lay Responder FA/CPR/AED Instructor Course

DATES: May 10, 17, 18, 31, June 1 - ALL DATES INCLUSIVE.

TIMES: Saturday and/or Sundays, 8:00 AM to 6:00 PM

LOCATION: Bio-Rad Laboratories, 6565 185th Ave. NE, Redmond, WA 98052

REGISTRATION: Call or email Karl k.brackmann@verizon.net

COURSE FEE: \$75.00

PRE-REQUISITES: You must have completed MOFA to qualify for the Instructor Course.

The course tuition of \$75.00 may be reimbursed after you teach your first course for the WAC.

For questions, need further information, or have difficulty in registering regarding the Instructor Course, please contact Karl Brackmann by phone at 425 788-8947 (home), 425 498-1704 (work) or Email k.brackmann@verizon.net

If you do sign up, please let me know so I can ask you to help teach next fall.
Scott Calhoun

Lowell Skoog Slideshow March 19 - 7:00 PM at Marmot

In 1982, Lowell Skoog began what would become a twenty-five year project to ski the Cascade Crest from the summit of Mount Baker to the summit of Mount Rainier. In 2000, Lowell launched a parallel effort to uncover and document the 100-year history of backcountry skiing in Washington. This presentation is a personal look at how these two journeys have become interwoven over time. The one-hour program includes a mix of modern and historical photographs as well as rare movie footage of Cascade skiing between the 1930s and 1950s.

Lowell Skoog has been backcountry skiing and climbing in the Cascades since the 1970s. He is founder of the Northwest Mountaineering Journal and chairman of the Mountaineers History Committee in Seattle. His research into Northwest skiing history and the full story of his quest to ski the Cascade Crest can be found on his website, The Alpenglow Gallery. Lowell works as a software development consultant in the Seattle area, where he lives with his wife and son.

More information is available on Lowell's website at

<http://www.alpenglow.org/ski-history/project/presentations.html>

Lowell only does these every few years so if you backcountry Ski you won't to miss it.
This is a benefit for the NW Avalanche Center

WAC Trip Reports!

Alpental Chair Peak Circumnavigation backcountry skiing by Gianluca Interlandi
http://www.wacweb.org/Trips/TripReports/default.view?_mode=details&RowId=432

Gianluca's Photos at
<http://artemide.bioeng.washington.edu/2008/Alpental-MilakwaJan25th2008/>

Goat Mountain trip report by Ty Tyler
www.getinetdesign.com/elevation_adventures

Ty's photos at
www.flickr.com/photos/tytyler37/

Hog Loppet Trip report by Mike Mahanay
<http://www.grandcanyontreks.org/backcountry/hogloppet2008.html>

Hog Loppet photos from Susan Ashlock at
<http://www.flickr.com/photos/susanashlock/sets/72157603979076918/detail/>

Welcome all the new Members to the Washington Alpine Club!

Alyssa Mehl	Kerr Fletcher-McGookin
Alison Van Gorp	Kevin Baldwin
Andrea Tousignant	Linda Leibold
April McCoy	Logan Hunt
Ashley Albright	Luke Hillerstrom
Benjamin Gadbaw	Mary Frances Miller-Baldwin

Blake Keogh	Michaela Ritter
Cara Herter	Michele McBride
Carrie Barham	Munira Rahemtulla
Craig Stampher	Nathan Wolf
David Bailey	Nicolas Damon Schonbeck
Elenka Jarolimek	Peter McCorkell
Elizabeth CrossNichol	Robert Knodle
	Ronald Rebello

Elizabeth Follis	Ruma Sen
Ellen MacLachlan	Sandy Vona
Eric Hanson	Sarah Wright
Erin Rifkin	Scott Rankin
Francisco Leon-Umana	Shannon Tysland

Graham Nichol	Shaykat Chaudhuri
Ian Schooley	Spencer Noland
Jadwiga Pamula	Stephanie Miller
Jake Schell	Suzanne Harnois
Jared MacLachlan	Tam Duong
Jeff Rakow	Thordis Linda Thorarinsdottir
Jim McBride	Tiara Dillworth
John Starceovich	Travis Mattered
John Vona	Viktoria Stepitova

Is you CPR Current?

The WAC encourages everyone to learn CPR.

There is a American Red Cross CPR class on May 3 at the Seattle Convention Center. They will be running lots of people through the class for most of the day. Registration for this class starts on April 1.

More info in the waclist & in the April bulletin

In the meantime, if you need a CPR class, the Red Cross holds them almost weekly. Check their website for times and locations. The cost is \$36.

<http://www.seattleredcross.org/show.aspx?mi=4022>

Most fire departments also hold CPR classes. Check with your fire local department.

Guye Cabin



March and April are perfect times to visit Guye Cabin. There is still lots of snow, but less, people, since lessons are over.

As you can see in the photo this is the deepest snowpack we have had in years. The snow is all the way to the upper entryway!

Going? Always help to shovel out the stairs (front and back) restock the firewood, take the trash and recycle home, and do some cleaning! Its you, its me, its we! Many hands make light work.

Thanks to Archie, Gene, the Sargents, Karel and Eli, Vivian, for taking on host responsibilities over the winter. Our Cabin is clean and in order each weekend!

Toby Young on February 17th

The 5th annual bike ride on the Iron Horse is coming soon.

The WAC has hosted an annual bike ride every April for the last 4 years. As a club we have ridden from Easton to the Columbia River on the John Wayne Pioneer Trail, from Sprague to Cheney on the Columbia Plateau Trail. We have ridden the Klickitat Trail, the Historic Columbia River Highway through the Columbia Gorge and my personal favorite, the Trail of the Coeur d'Alene from Plummer to Cataldo Idaho.

Please join me as we return to the Iron Horse this year. We will meet at the South Cle Elum Trailhead **Saturday, April 5th 11 am**. From I-90 take exit 84 and follow the signs to Iron Horse State Park. Bring a lunch with you to eat on the trail. We will bike from South Cle Elum to Thorp for 18.6 miles and stop for lunch next to the Yakima River. There is a nice spot for lunch with a picnic table right after the Thorp tunnel. After lunch we will bike another 6.8 miles to Ellensburg.

If you arrive Friday night, you can stay at the bunkhouse, built by the Milwaukee Road for its crew. It's now listed on the National Register of Historic Place and is a bed-and-breakfast called the Iron Horse Inn.

In Ellensburg we will camp at the Kittitas county Fairgrounds, next to the John Wayne Pioneer Trail. Dinner will be at a local restaurant. Bring a swimsuit and towel and enjoy the swimming Pool and Hot Tub in Ellensburg.

On Sunday morning, after breakfast we'll start biking. We'll ride 15 miles from Ellensburg to the Boylston Tunnel where we will have lunch. Fat tires will be a plus because 4 miles of the trail before the tunnel will be sandy. You will need a bright light to see while biking in the tunnel. The tunnel is less than a half mile long. After lunch it's another 17 miles down hill to the Columbia River.

For more information call John Sargent, 360-377-3217.

Conservation Opportunities in the NW for WAC Members

The WAC Board has approved a list of organizations to support as a Club, and as individuals.

Access Fund
www.accessfund.org/

Earth Corps
www.earthcorps.org/

Audubon Washington
wa.audubon.org/

Land Trusts in Washington State
[WA Land Trusts](http://WA.Land.Trusts)

Cascade Land Conservancy
www.cascadeland.org/

Mountains to Sounds Greenway
www.mtsgreenway.org/

Conservation Northwest
www.conservationnw.org/

The Nature Conservancy
www.nature.org/

Earth Corps
www.earthcorps.org/

Washington Trails Association
www.wta.org/



The Washington Alpine Club
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Seattle WA 9811

First Class

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